

**CYBEX**<sup>®</sup>  
*Serious about fitness.*

**MG-525 MULTI-GYM**



# MULTI-GYM MG-525



## SERIOUSLY SIMPLE. SENSIBLY SAFE.

Are you looking to provide guests, residents, or employees with a simple way to stay fit — without taking up a lot of space or hiring a staff of trainers to supervise their workouts?

The CYBEX MG-525 is a versatile multi-gym that offers biomechanically correct exercises for a full body workout in a sleek, compact, 67-square-foot package. Three people can get fit at the same time on this all-in-one gym. And all exercises were developed in coordination with the CYBEX Institute for Exercise Science — So they're safe to perform for everyone from serious strength trainers to those who just want to work up a sweat.

Now everyone can enjoy a complete workout on quality strength training equipment created by the fitness equipment company with a proven track record for rugged reliability and low-maintenance. The MG-525 is built to be used by everyday athletes and traveling superstars committed to getting and staying fit.



**LEG EXTENSION**



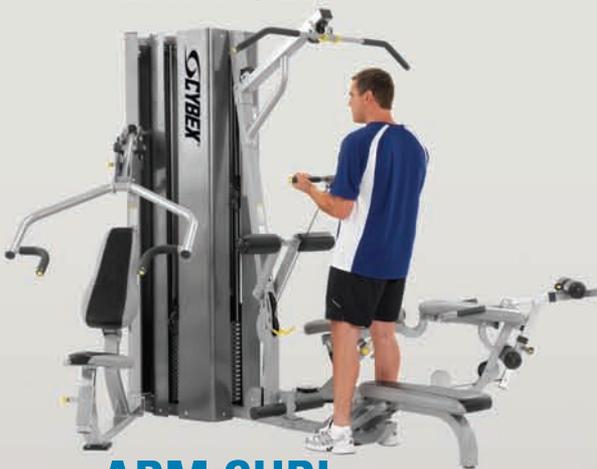
**LEG CURL**



**LAT PULL**



**ROW**



**ARM CURL**



**ARM EXTENSION**



**CHEST PRESS**

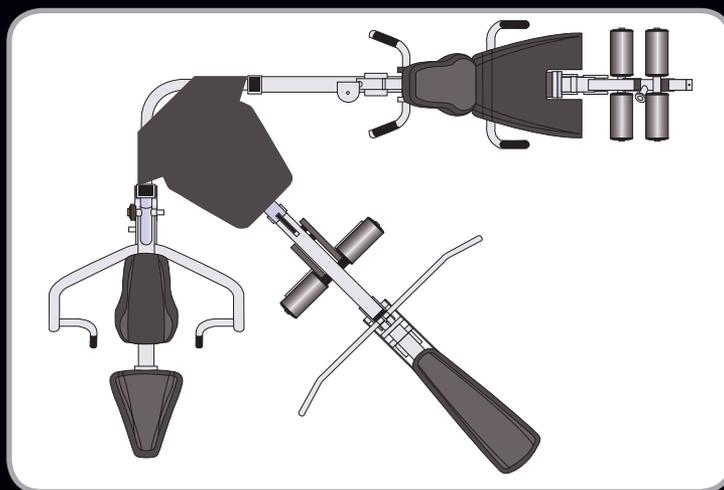


**OVERHEAD PRESS**

# CYBEX MG-525 MULTI-GYM

## SMALL FOOTPRINT. BIG TIME WORKOUTS.

The CYBEX MG-525 is an ideal centerpiece for facilities where space is at a premium, but fitness is a priority. Add a CYBEX Arc Trainer and Treadmill to complement this quality strength training station. You've now created a compact fitness facility where everyone can relax, recharge, and get ready for what's next.



## specifications

<b>Product Number</b>	8701
<b>Dimensions</b>	83" L x 119" W x 88" H (211 cm x 302 cm x 224 cm)
<b>Machine Weight</b>	904 lbs (410 kg)
<b>Weight Stack</b>	Three Weight Stacks: each 200 lbs (91 kg)
<b>Standard Accessories</b>	lat pull bar, row/arm curl handle
<b>Color</b>	Platinum Sparkle frame with Black Chrome enclosures. Black and gray upholstery.

### WORLD HEADQUARTERS

10 Trotter Drive • Medway • MA 02053 USA • T +1.508.533.4300 • F +1.508.533.5500

### CYBEX INTERNATIONAL UK LTD

Oak Tree House • Atherstone Road • Measham • Derbyshire • DE12 7EL UK  
T +44.845.606.0228 • F +44.845.606.0227

**CYBEX**  
[www.cybexintl.com](http://www.cybexintl.com)